

BROWLIFT

Post Op Instructions

Please follow these instructions carefully. Your final result will depend upon how well you care for the treated areas and protect them from irritating materials or products.

- DO**: Clean suture lines with witch hazel and a Q-tip 4-6 times daily.
- DO**: Apply Bacitracin ointment to sutures following cleaning 4-6 times daily.
- DO**: Continue cold compresses over eyelids for 2 days.
- DO**: Wear glasses, if necessary, being sure they do not push on incision lines.
- DO**: Continue cold compresses over the eyelids for 2 days.
- DO**: Sleep with head elevated 30 to 40 degrees. (Use pillows, a wedge cushion or a recliner.) Sleep on your back, not on your side or stomach.
- DO**: Wash hair following surgery if desired.
- DO**: Apply water based makeup after 10 days, if desired.

- DO NOT**: Do any exercising, bending over, or heavy lifting for the first 10 days.
- DO NOT**: Apply make-up for the first ten (10) days following surgery.
- DO NOT**: Pluck eyebrows for two (2) weeks.

REMEMBER:

1. You may experience some bruising around the eyelids, due to lymphatic drainage patterns. Most bruising subsides within 10-14 days.
2. The scars over the eyebrows may remain swollen and “thick” feeling for a number of weeks post-op. Be patient, the scars will soften with time. You can camouflage this with make-up, if desired.
3. You may experience numbness on the forehead above the incisions post operatively. This usually resolves within 3-6 months.

NOTIFY US IF YOU HAVE ANY QUESTIONS

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