

## Pre-Operative Instructions for Blepharoplasty Upper

There may be information here that contradicts information on the general Pre-Operative Instructions sheet. Any time this occurs, follow these procedure specific instructions. If you have any questions, please call the office at (312) 988-9300.

### The Night Before Surgery & Morning of Surgery

1. DO NOT eat or drink anything (not even water) after midnight the night before your surgery. Also, no gum, candy, mints or coffee the morning of surgery
2. If you are on regular medications, please clear these with Dr. Moynihan.
3. DO take a thorough shower with your germ-inhibiting soap the night before and the morning of surgery. Shampoo your hair three times the morning of surgery with **Phisohex**. Do not use any conditioner. This is to decrease the bacteria on the skin and thereby decrease the risk of infection. Wash your face & hair with **Phisohex** three times the morning of surgery.
4. DO NOT apply any of the following to your skin, hair or face the morning of surgery: makeup, creams, lotions, hair gels, sprays, perfumes, powder, or deodorant. Using any of these products will add bacteria to the skin and increase the risk of infection.
5. You may brush your teeth the morning of surgery but do not drink anything.
6. DO NOT wear contacts to surgery. If you do wear glasses, bring your eyeglass case.
7. DO wear comfortable, loose-fitting clothes that do not have to be put on over your head. The best thing to wear home is a button-up top and pull on pants. You will want easy-to-slip-on flat shoes.
8. DO NOT bring any valuables or wear any jewelry (no rings, earrings, chains, toe rings, other metal piercings or watches). We will need to tape wedding rings if worn.
9. You must have an adult drive for you – to and from surgery. Please note that a cab or bus driver will not be allowed to take you home after surgery. On arrival, be sure we know your driver's name, phone numbers, and how we will be able to reach them.
10. If you are not recovering at home, please give us a number to where you can be reached.